

Friday Night Special

(England)

Dance created by Sam Flinders and published in *Everyday Dances*, 1969.

Music: 2/4 meter Any good reel or jig. CD: *English Dances presented by Bruce Hamilton*, Band 10.

Formation: Sicilian circle mixer. Cpls facing cpls. Half of the couples face CCW; the other half face CW.

Steps and Styling: Dip and Dive: couples facing, dancers facing CCW make an arch, moving forward, while dancers facing CW “dive” under the arch. On the next pass, the CCW dancers dive under the CW dancers’ arch. Continue moving forward, alternating arching and diving.

Ladies’ half-chain: Facing W pass giving R hands and Courtesy-turn the opposite M.

Courtesy Turn: Taking L hand in L, M’s R hand around W’s waist, W walk forward and M walk backward to end facing in opposite direction.

Balance: Partners facing, R hands joined, step on R; swing L across in front of R; step on L; swing R across in front of L.

Swing: Couple in Ballroom position, turn CW walking forward around each other.

Buzz-step Swing: Couple in Ballroom position, turn CW: step on R in front of L, bending knee; step on ball of L to L. Step repeats exactly.

Meas Music: 2/4 meter Pattern

INTRODUCTION. None.

DANCE

- A 1-8 Dip and Dive (dancers facing CCW make arch to begin). Pass 4 couples and stop facing the 5th.
- A 1-8 L-hand Star, R-hand Star.
- B 1-8 W keeping R hands, ladies’ half-chain. Courtesy-turn an extra half, to face the people behind. Ladies’ half-chain with them.
- B 1-8 Balance and Swing. Finish facing original direction.

Presented by Bruce Hamilton